

Name: Colton Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: 8/7/23 to 8/11/23
School Year: 2023		Subject: Sports Medicine and Rehabilitation 2	
Monday	Notes:		Academic Sports Med CTE Standards:
Tuesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Select appropriate tape for Achilles tendon wrapping 2. Demonstrate proper taping for an Achilles tendon strain. <p>Lesson Overview:</p> <p>L 4 Achilles taping -</p> <p>L 5 Knee Taping</p>	<p>Academic Sports Med CTE Standards:</p> <p>5.5</p> <p>5.8</p>
Wednesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define terminology. 2. Diagram correct taping for the wrist and hand. 3. Demonstrate and apply the correct taping techniques for wrist and hand. <p>Lesson Overview:</p> <p>L 6 Advanced tape wrist and Hand</p> <p>Lesson 7 - Review</p>	<p>Academic Sports Med CTE Standards:</p> <p>5.5</p> <p>5.8</p> <p>10.3</p>
Thursday	Notes:	<p>Objective:</p> <p>Describe wrapping the hip for an adductor strain. Which direction to start a wrap around the athlete's trunk.</p> <p>Lesson Overview:</p> <p>Lesson 8 - Taping Practical</p> <p>Misc. Taping and bandaging .pptx</p> <p>Think pair share with your group when you are done.</p>	<p>Academic Sports Med CTE Standards:</p> <p>5.5</p> <p>5.8</p>

Friday	Notes:	<p>Objective:</p> <p>Understand your role as a professional rescuer within the Emergency Medical Services organization.</p> <p>Analyze the legal ramifications in providing care to an injured party including confidentiality.</p> <p>Review and practice procedure for gaining consent to treat.</p> <p>Define terminology</p> <p>☐ Be able to describe what is a pathogen and how they are spread</p> <p>☐ Understand and utilize exposure prevention techniques</p> <p>☐ Recognize and properly report exposure incidents</p> <p>3</p> <p>Objectives</p> <p>Lesson Overview:</p> <p>L 1 EMS and Legal Considerations -</p> <p>L 2 Bloodborne Pathogens</p>	<p>Academic Sports Med CTE Standards:</p> <p>4.1</p> <p>4.2</p> <p>4.3</p>
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